

Forza Karate Club

Code of Conduct for Instructors, Coaches and Volunteers

Karate begins and ends with courtesy. As an instructor, coach or volunteer teaching karate at FKC, we would like you to follow this guidance below.

- Implement safeguarding policy procedures
- Report any concerns or allegations of abuse or poor practice to our club welfare officer
- Listen to any concerns that parents or young people might have
- Lead by example when it comes to good sportsmanship, positive behaviour and commitment to the sport
- Consider your behaviour – do not engage in any behaviour that constitutes any form of abuse
- Respect your position of trust and maintain appropriate boundaries and relationships with young people.
- Engaging in sexual behaviour with any child under the age of 18 is illegal
- Keep any coaching and safeguarding training up to date
- Keep children in your sessions safe by supervising appropriately, using safe methods and techniques and by putting children's safety first
- Make sure you've got appropriate staffing ratios of adult to participant before the session begins
- Ensure equipment is fit for purpose, safe to use and accessible
- Respect children's trust and rights whilst being honest and open with them
- Champion everyone's right to take part and celebrate difference in our club or by not discriminating against anyone, regardless of gender, race, sexual orientation or ability
- Stop play if injury happens, administer minor first aid and call for help when necessary
- Use constructive and positive methods of developing children's skills, without humiliating or harming them
- Behave appropriately online in accordance with our online safety and acceptable use policy
- Challenge and address instances of poor, negative, aggressive or bullying behaviour amongst young people

- **Develop positive relationships with parents and update them via email of their child's progress**
- **Make our club a friendly and welcoming place to be**

As an instructor, coach or volunteer teaching at FKC, we understand that you have the right to:

- **Enjoy the time you spend with us and be supported in your role**
- **Be informed of our safeguarding and reporting procedures and what you need to do if something isn't right**
- **Have access to ongoing training in all aspects of your role**
- **Be listened to**
- **Be involved and contribute towards decisions within the club or activity**
- **Be respected and treated fairly by us and our governing body**
- **Feel welcomed, valued and not judged based on your race, gender, sexuality or ability**
- **Be protected from physical or emotional abuse from children or parents and be supported to resolve conflicts**

We expect all of our staff and volunteers to follow the behaviours and requests set out in this code. If any staff member or volunteer behaves in a way which contradicts any of the points set out above, we'll address the problem straight away and aim to resolve the issue.

Continued issues and repeated breaches of this code may result in us taking disciplinary action against you with the involvement of our Head of Association and ultimately your dismissal from the organisation.