

# Forza Karate Club

## Code of Conduct for Parents and Carers

Karate begins and ends with courtesy. As a parent or carer of a child under the age of 18 taking part in karate at FKC, we would like you to follow this guidance to make sure that you understand our rules and ethos.

- Bow to the centre of the dojo when you enter and when you leave
- Make sure that your child has the correct karate clothing for the session
- Make sure that your child has the correct protective equipment in all sessions
- Make sure that your child has enough drink for each session
- Make sure that your child arrives to session on time and is collected promptly.
- Please email us if your child is either running late or unable to attend at any session
- Please inform us if your child is going home with someone else
- Complete all consent, contact and medical forms and update us straight away in anything changes
- Maintain a good relationship with your child's instructor or coach
- Email us if you have any concerns about any part of your child's involvement
- Remember that there are many benefits achieved through karate training such as confidence, self-esteem, making friends, learning discipline and developing lifelong skills.
- Please don't only measure your child's success on winning medals and belt grades.
- Behave positively during training and competition, show encouragement and let your children know that you are proud of what they are doing.
- Think about how you react and behave affects not just your child but other children too
- Lead by example when it comes to positive behaviour on the sidelines, or let other parents take their cues from you, as well as from us
- Accept the officials judgement and do not disrespect their decision
- Do not enter the tatami (mat) area
- Try to learn about your child's sport and what it means to them

- Take the time to talk to your child about what you both want to achieve through sport
- Encourage your child to respect and celebrate difference in the club
- Talk to your child about embracing good etiquette and sportsmanship
- Encourage your child to respect and play by the rules
- Ensure your child understands their code of conduct
- Use social media responsibly when talking about what goes on at our club, by behaving in the same way online as you would in person
- When your child lacks motivation, be a part of their journey and guide them to overcome their lack of enthusiasm so that they learn the value of not giving up when they eventually reach their desired goal (e.g. earning their black belt, winning a competition medal)

As a parent/carer of a young person taking part in karate at FKC, we understand that you have the right to:

- Be assured that your child is safeguarded during their time with us
- See any of our policies and procedures at any time
- Know who the club welfare officer is and have their contact details
- Know what training and qualifications our staff have
- Be informed of problems or concerns relating to your child
- Know what happens if there is an accident or injury, be informed if your child is injured
- Have any concerns about any aspect of your child's welfare listened to and responded to
- Have your consent sought for anything outside of our initial consent form, such as permission to go on trips or photography

We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent and aim to resolve the issue.

Persistent concerns or breaches may result in parents being asked not to attend games if their attendance is considered a risk to the welfare and enjoyment of young participants.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the activity, event or club permanently, something we never want to do.